

# Come to Your Senses - Touch

## Study Guide

### Your Skin

- Skin accounts for about \_\_\_\_\_% of your total weight
- Your skin has three layers: subcutaneous, \_\_\_\_\_, epidermis
- The epidermis is largely waterproof and is renewed every \_\_\_\_\_ days
- Nerve endings throughout the skin help us identify the sense of feeling & \_\_\_\_\_

Research has shown that infants who are born prematurely will progress better if they are \_\_\_\_\_ and rocked.”

**-Tammy Melton**

“Both the toucher and the one being touched received physiological \_\_\_\_\_”

**-Dr. Dolores Kreiger**

“Blessed are those who have \_\_\_\_\_ seen (touched) and yet have \_\_\_\_\_.”

**-John 20:29**

**Touch God Through \_\_\_\_\_**

“God is \_\_\_\_\_”

**-1 John 4:8**

**Touch God Through \_\_\_\_\_**

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“Let everything that has \_\_\_\_\_ praise the Lord”

**-Psalm 150:6**

**Touch God Through \_\_\_\_\_**

“Whatever you did for the \_\_\_\_\_ of \_\_\_\_\_ brothers and sisters of mine, you did for \_\_\_\_\_.”

**-Matthew 25:40**

**Touch God Through \_\_\_\_\_**

“Every good and perfect gift comes from \_\_\_\_\_.”

**-James 1:17**

**Touch God Through \_\_\_\_\_**

“In all their suffering He \_\_\_\_\_ suffered, and He personally rescued them. In His love and mercy He \_\_\_\_\_ them. He lifted them up and carried them through all the years.”

**-Isaiah 63:9**